



Kapi's Hiccup Bubbles

A picture book to read together · Leo Channel

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Kapi's Hiccup Bubbles

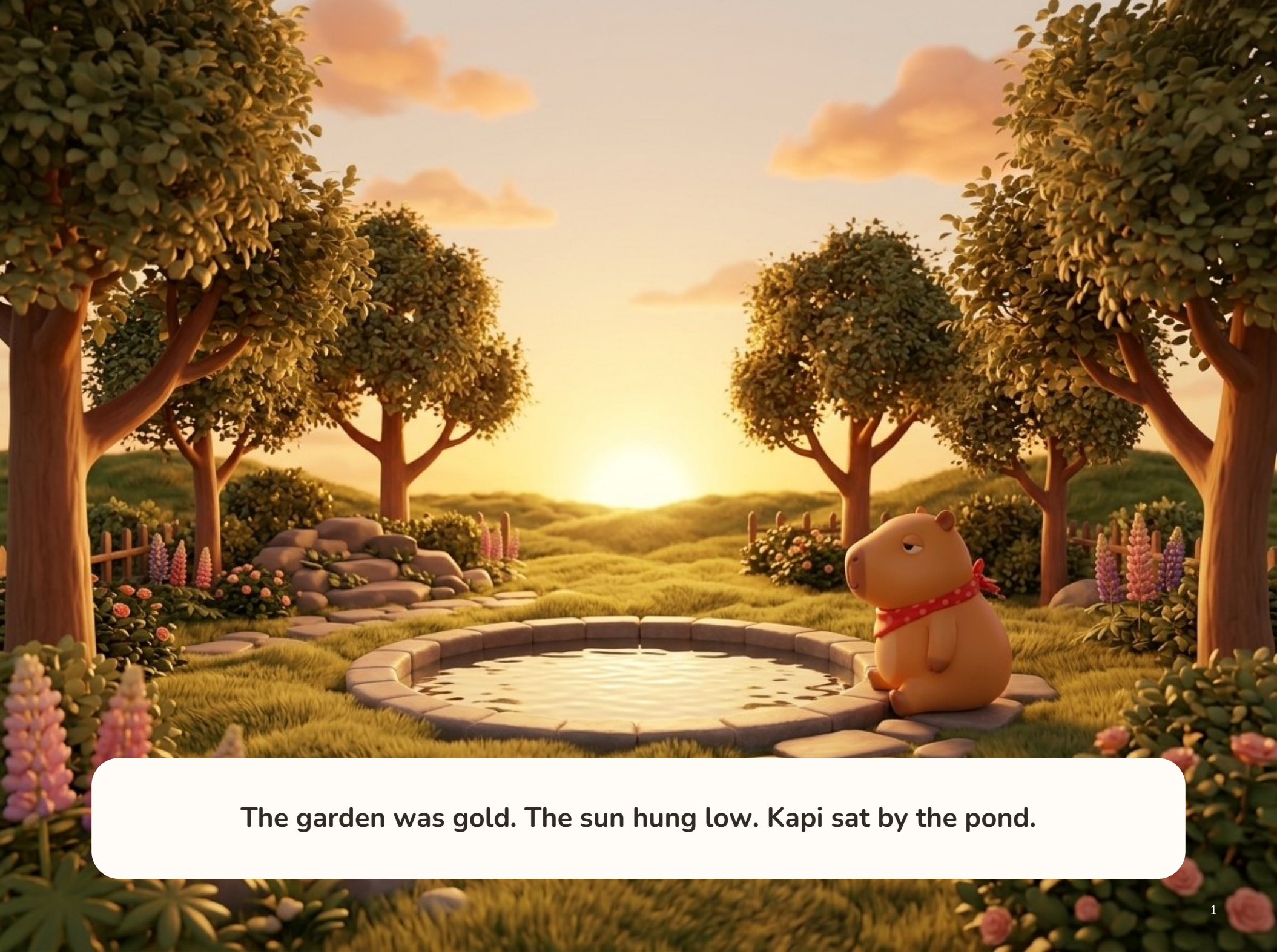
Kapi has the hiccups, and every hiccup makes a bubble. Leo says hold your breath. Rumble says beep very loud. Neither one works. Then Nana simply asks him to sit down beside her and hum — and the quiet does what the trying could not.

HOW TO USE THIS BOOK

Read it on a screen, or print it at home — the pages fit A4 and US Letter without cutting anything off. "Hic — pop!" comes back four times; pause before it and let them make the sound with you.

[youtube.com/@leochannelkids](https://www.youtube.com/@leochannelkids)

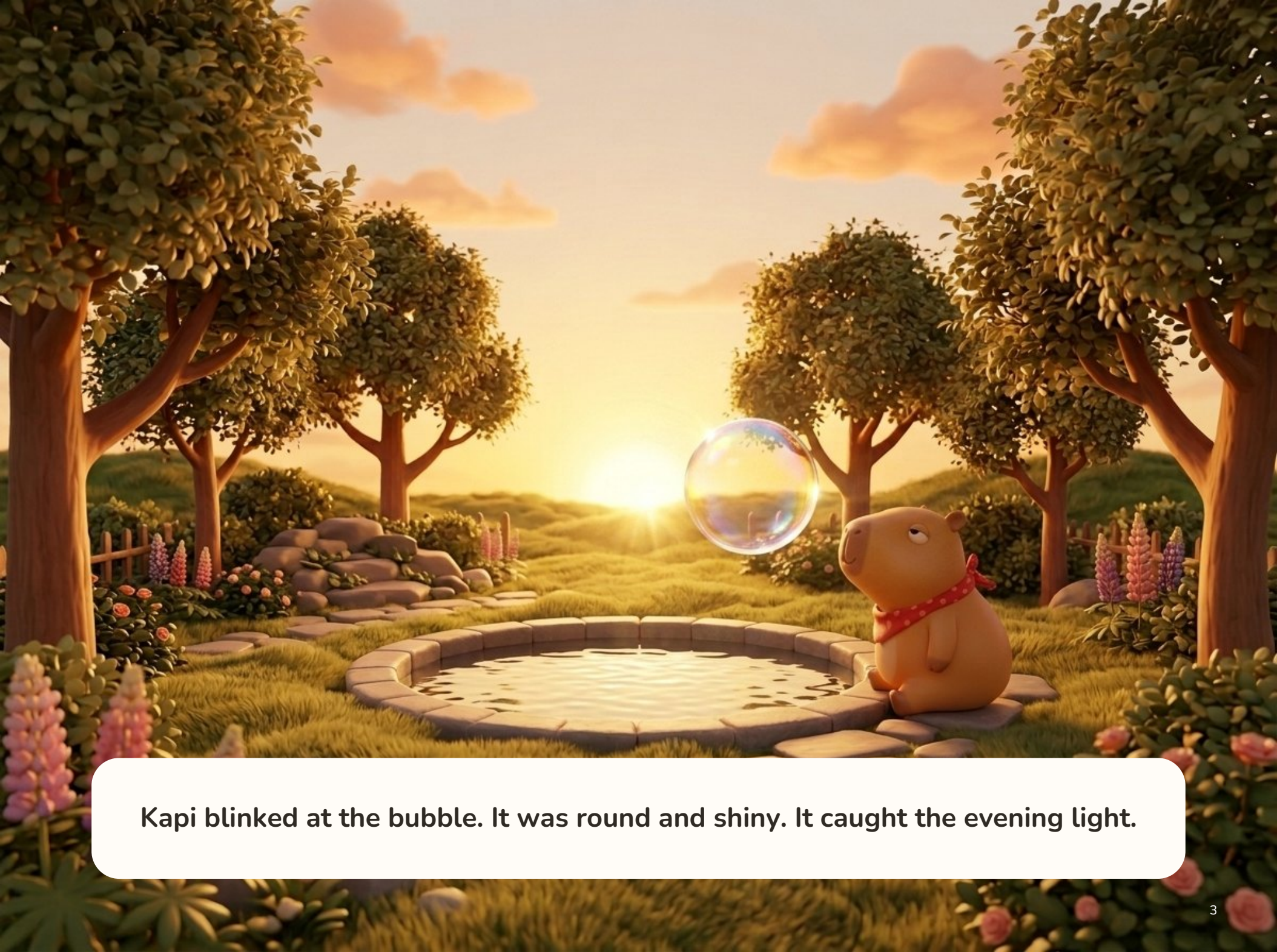
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The garden was gold. The sun hung low. Kapi sat by the pond.



Kapi took a slow sip. Something felt funny inside. Hic — pop! A bubble floated up.



Kapi blinked at the bubble. It was round and shiny. It caught the evening light.



"My hiccups make bubbles," said Kapi. He watched it drift away. "Oh my."



Leo ran down the path. His socks did not match. "I can help you!"



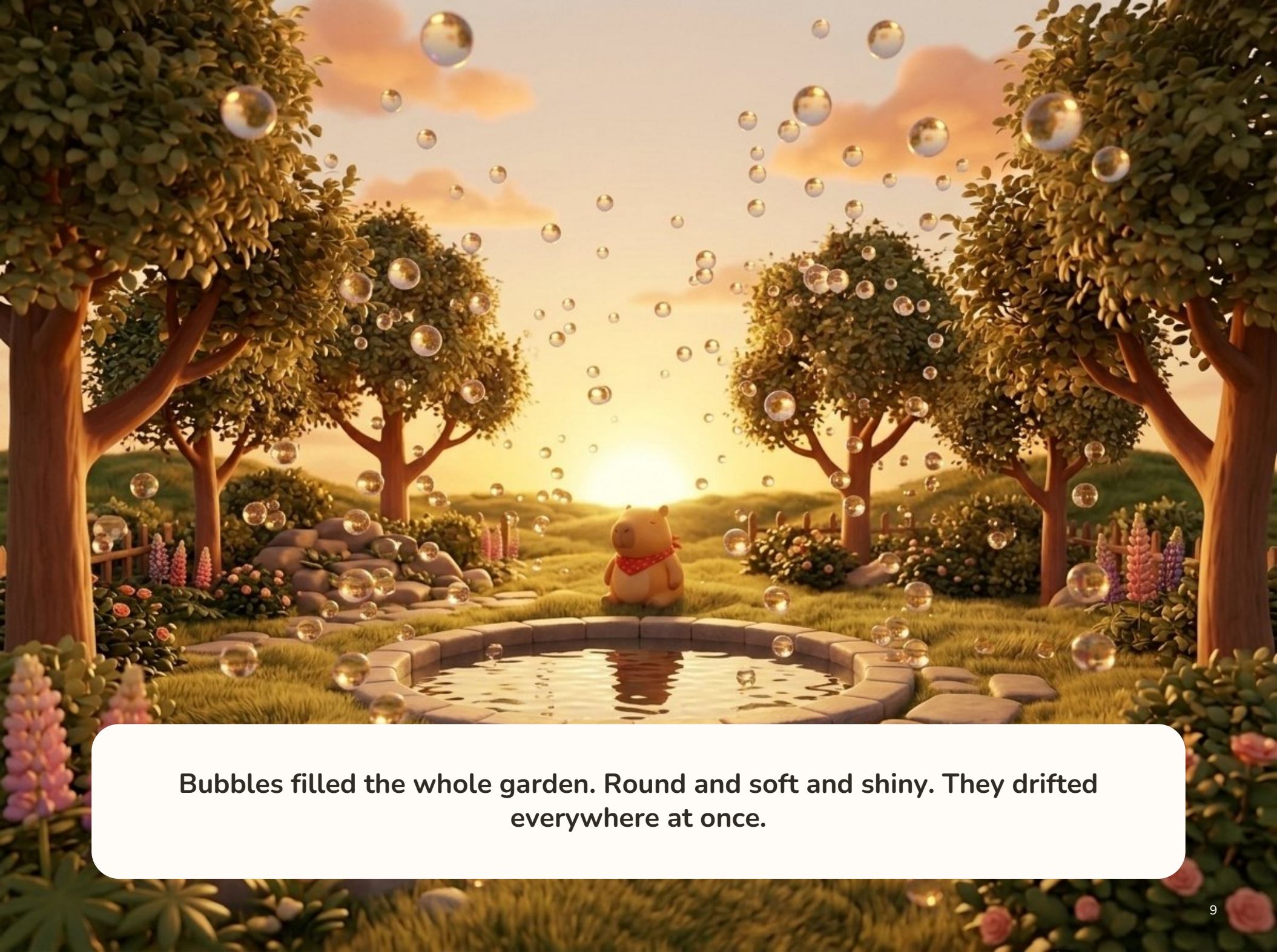
"Hold your breath," said Leo. Kapi held it very tight. His cheeks went round.
Hic — pop!



Rumble rolled up the path. His little horn was ready. "I can help you!"



"Beep very loud," said Rumble. BEEP! Kapi jumped a little. Hic — pop!



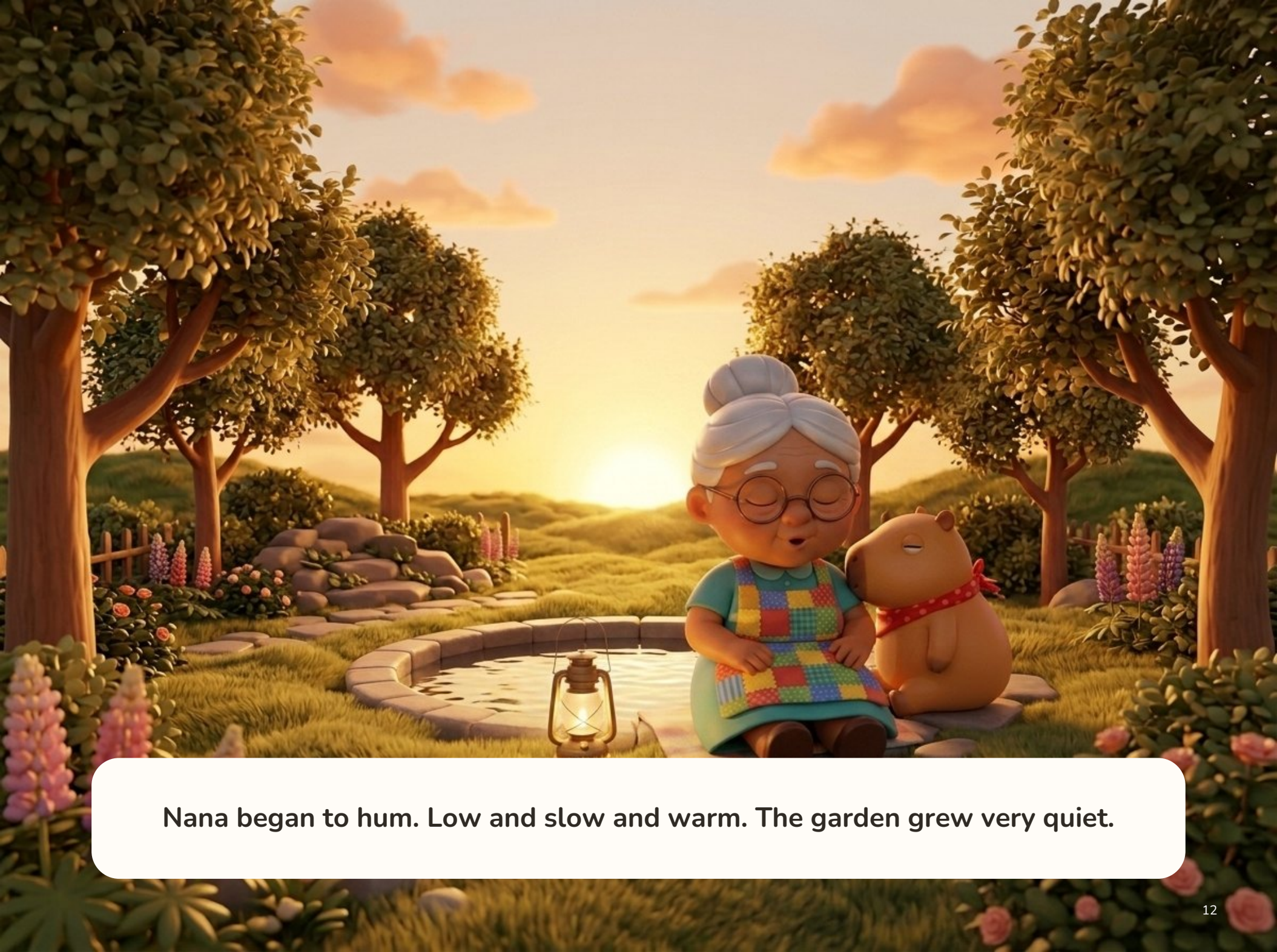
Bubbles filled the whole garden. Round and soft and shiny. They drifted everywhere at once.



Then Nana walked over slowly. She held a small lantern. Her glasses were a little foggy.



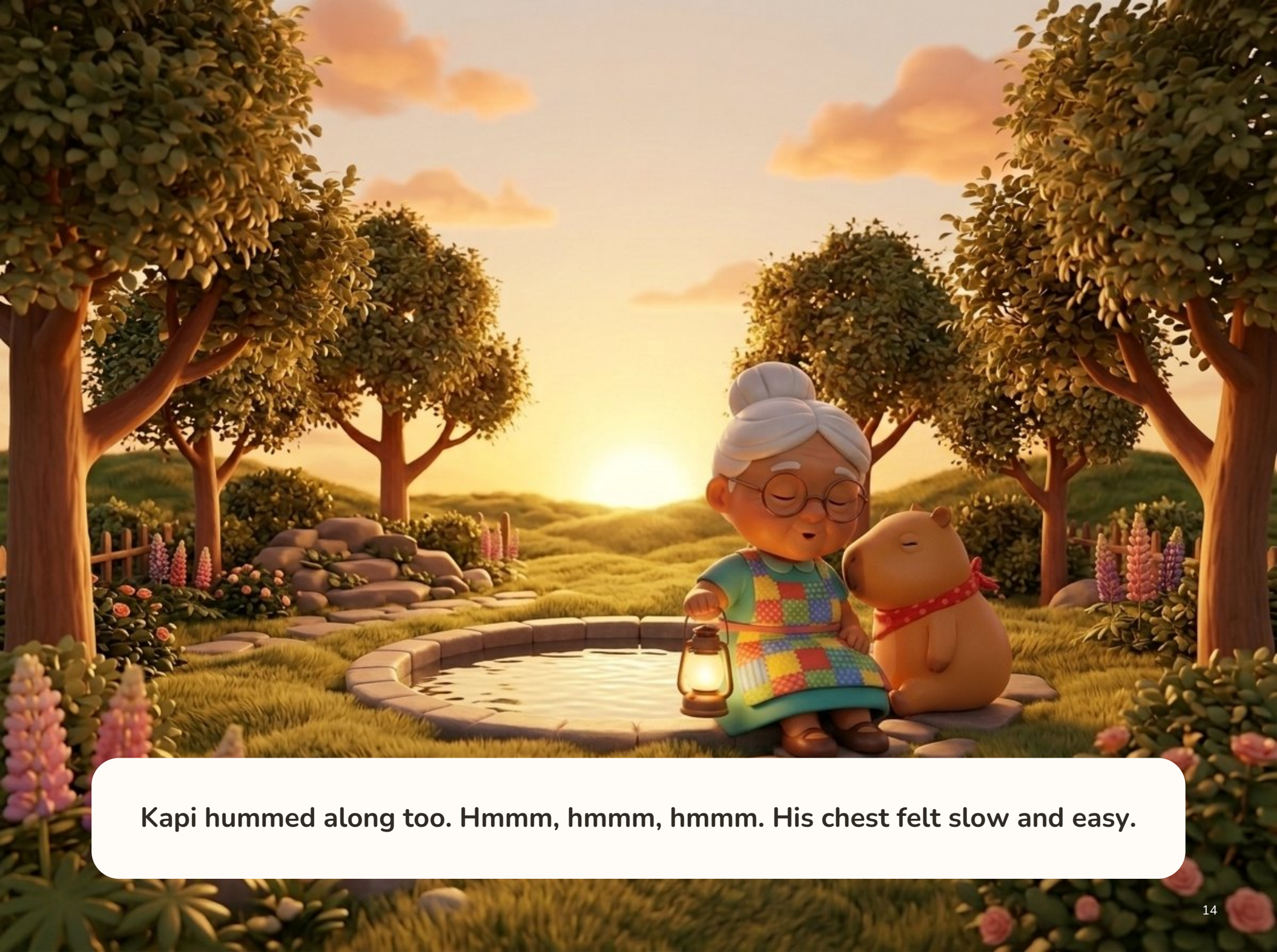
"Come sit with me," said Nana. Kapi sat down beside her. The grass was cool and soft.



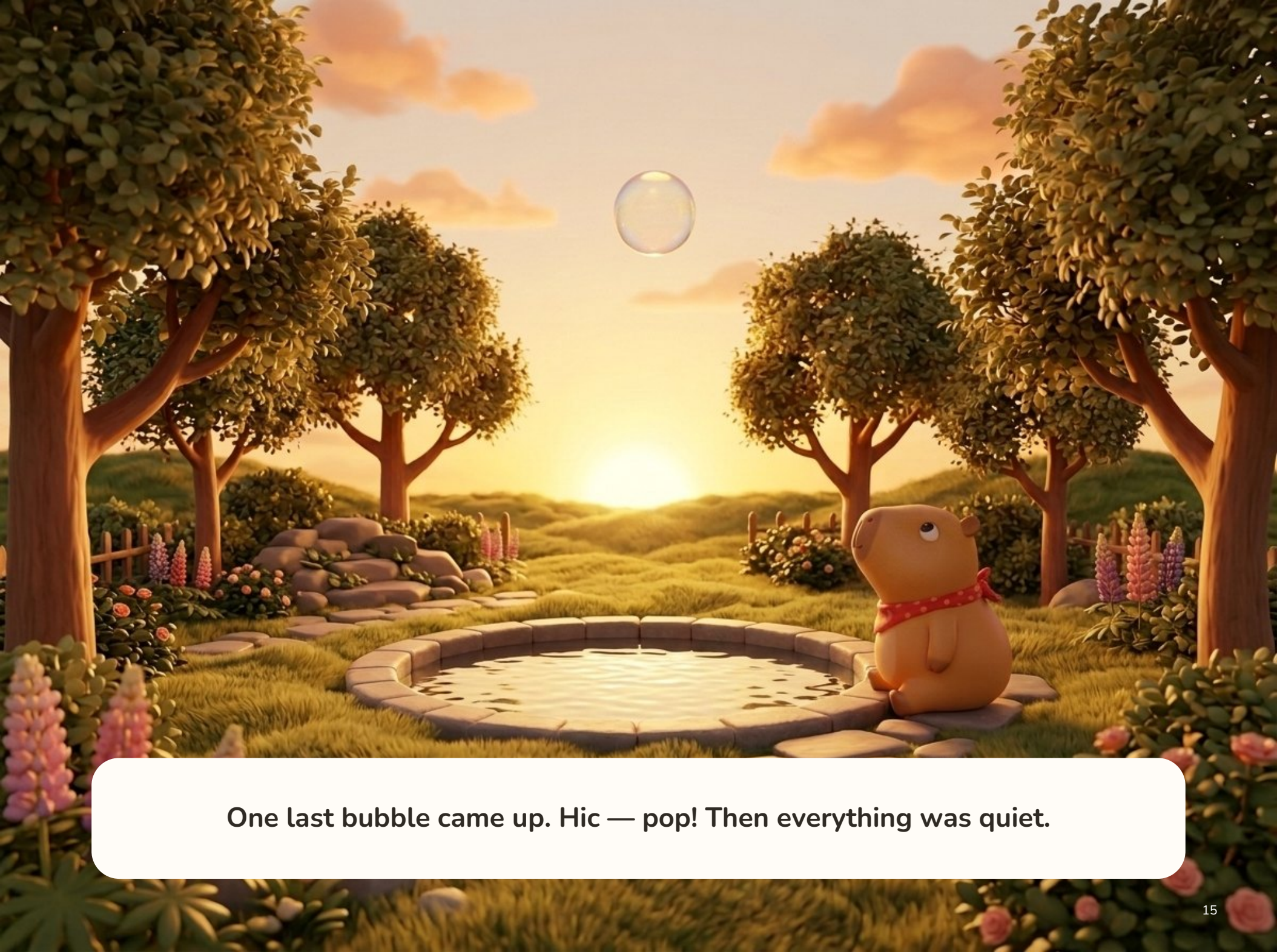
Nana began to hum. Low and slow and warm. The garden grew very quiet.



The bubbles slowed right down. They floated soft and calm. Nobody chased them now.



Kapi hummed along too. Hmmm, hmmm, hmmm. His chest felt slow and easy.



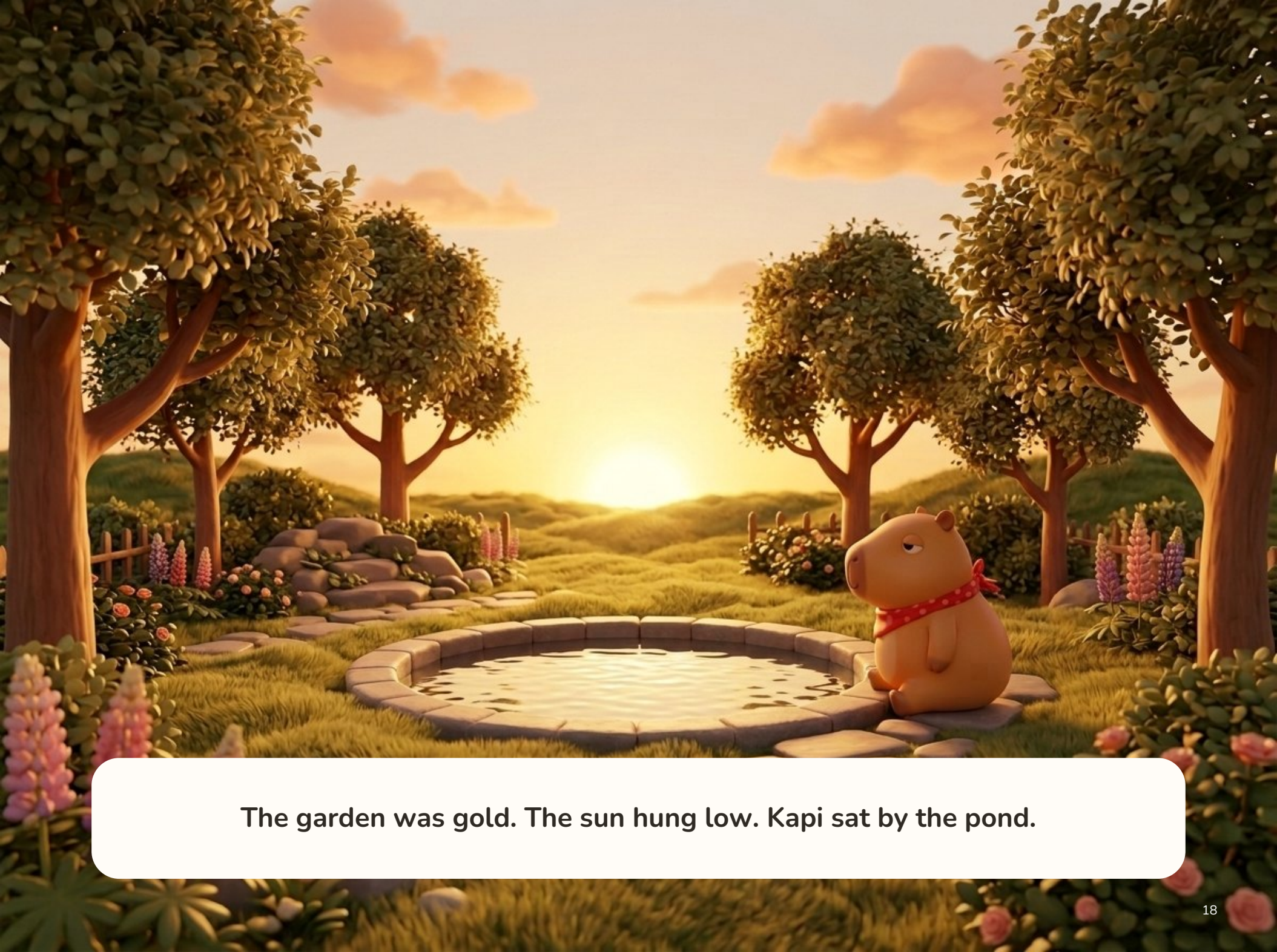
One last bubble came up. Hic — pop! Then everything was quiet.



The hiccups were all gone. Kapi smiled up at Nana. Leo clapped his hands softly.



The bubbles drifted higher. Up into the gold sky. Everyone watched them go.



The garden was gold. The sun hung low. Kapi sat by the pond.

Reading it together

The words do a small part of the work. Most of it happens in what you say around them. None of this needs preparation — it is what you would do anyway, written down so it is easy to remember at the end of a long day.

1. Let them make the sound

"Hic — pop!" comes back four times. By the second, most children will do it with you. Pause and wait — the silence is the invitation.

2. Ask whether it will work

Before Leo holds his breath and before Rumble beeps: "Do you think that will fix it?" Being wrong twice is the point; it is how the ending earns its surprise.

3. Try Nana's hum together

Hmmm, hmmm, hmmm — long, slow and low. It is slow breathing wearing a disguise, and it works on a wound-up child at bedtime for exactly the same reason it works on Kapi.

4. Notice that nobody fixed it

Leo tried. Rumble tried. Nana only sat down next to him. Sitting with someone is a kind of help, and this is an easy, unpreachy place to say so out loud.

5. Stop early if they are done

A book left unfinished today is a book they will come back to. Guidance from the WHO puts screen time for this age at under an hour a day; a paper book has no such limit.



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